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Alla Prima Still Life Techniques: Materials List

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Paints:

*Titanium White or Cremnitz White

*Ivory Black

*Raw Umber

*Burnt Umber

*Yellow Ochre

*Cadmium Yellow Light

*Cadmium Orange

Cadmium Red Light

*Alizarin Crimson

*Transparent Red Oxide (Rembrandt brand preferably)

*Transparent Orange Oxide

Ultramarine Blue

*Viridian

Munsell Neutrals (if you happen to have them mixed and tubed already)

This is a general list of colors that I use. You don't necessarily need every single one of them depending on what you choose to paint. Colors with an asterisk are colors that I pretty much always have out on my palette and would strongly recommend bringing though. Feel free also to bring in any other colors that you like as well.

Brushes:

Bring a good selection of small, round, soft brushes. They don't have to be expensive (I like the Utrecht brand with the black handle and stripe of color near where you hold it...they're very cheap and work well) but it's helpful to have a handful of them around. A couple medium size bristle brushes, either round or filbert, can be helpful to have around for the underpainting stage as well. I also find it useful to have one very soft fan brush.

Surface:

Bring something new each week to paint on, no bigger than 9x12 to begin with. It can be linen, canvas or wooden panel. I would suggest something with a medium texture, so not super rough linen but also not something glass smooth either. If you are feeling unsure of what to get a few suggestions would be:

-Artfix 84 oil primed linen (very nice but very expensive, fine textured linen)

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- Claessens 13 oil primed linen (a common GCA standby)
- Gessoboard (acrylic primed masonite boards, very smooth though so be warned)
- Claessens 66 oil primed linen (this is on the rougher side. It is a nice linen to work on but I would avoid going with any rougher texture than this)
- Centurion (a very inexpensive but nice linen from Jerry's artorama)

I would suggest getting a few in the 8 x 10 size range. To start with I wouldn't go much bigger than that.

Miscellaneous:

-Some kind of painting medium. I like Oleogel personally and would recommend trying it if you haven't. It can be purchased at SOHO Art Supply in the city or online from Natural Pigments. Liquin or linseed oil can also be used.

-Solvent. **Please bring either Gamsol or Oderless turpenoid.** I personally use Gamsol as it is the most health-friendly solvent on the market.

-Paper towels (I like Viva brand personally)

-Palette. I like to use a small wooden palette that I can hold right up near where I'm working. Any palette that you like is fine though. If you're buying one, check out New Wave palettes, they're really nice :)

-Palette knives. I like to have a couple small and medium size palette knives around for mixing.

-Saran Wrap. This is optional and you won't need much but it's handy to have...so if you have a buddy coming with you you can split a roll.

-Graphite pencils, paper, eraser, drawing board for working out your initial drawing.

-Brown India ink and a dipping pen. We'll use this for after we transfer our drawing on to the canvas. I like the cheap quill pens and a bottle of ink but you can also use a brown micron pen if you like.

-Retouch varnish. I like the Old Holland brand personally.